



About the Quantum Leap Process

Project Summary

The Quantum Leap Program (QLP) is an idea of Claudette C. Faison, CEO of Unlocking Futures, Inc in New York. QLP is a professional training using a uniquely tailored version of the Hoffman Process, influenced by the work of Unlocking Futures, Inc. It is designed as an advanced course for graduates, both youth and mentor-coaches, of the Unlocking Futures Programs. The QLP empowers participants to find greater authenticity and compassion for self and others so they can lead more effectively under difficult circumstances. It is a three-and-a-half-day experiential educational training facilitated by Hoffman Process Teachers and Unlocking Futures Course Leaders. In 2017 QLP is scheduled to take place in San Jose, CA from July 13-16.

The History of QLP

QLP started in New York in 2009 with Unlocking Futures (formerly Youth At Risk) in collaboration with the Hoffman Institute and became an annual event until 2015. In November 2013 it expanded to include youth and mentor-coaches from California Bright Futures (formerly Community Partners for Youth) in San Jose, CA, and Unlocking Futures Phoenix (formerly New Pathways for Youth) in Phoenix, together for a 5-day retreat. The retreat was the first of its kind for presenting QLP to a group of youth and adults who didn't already know each other. The training experience was deeply enriched by connecting these new and diverse communities. African American youth from NYC and primarily Hispanic youth from Phoenix and San Jose had an obviously good time exchanging and exploring their cultural similarities and differences.

Need

Youth and mentor-coaches who participate in Unlocking Futures programs in San Jose, Phoenix, and New York, sign-up on their own volition and volunteer to create a positive change in life. These youth primarily live in under-resourced and under-served communities where access to transformational education is non-existent. The Quantum Leap Process works to release Negative Love Syndrome* beliefs and create an abundance of healthy positive self-concepts, including and especially beliefs that one is worthy, lovable, and loving. Changing beliefs and transforming identity is at the foundation of this work for ending cycles of poverty, patterns of disenfranchisement, victimhood and self-abuse.

Objectives

Ultimately, the objective is that participants recognize their innate self-worth and actualize it in their lives. In this powerful program, we work with often traumatized and frustrated young people and bring them to healing and hope for a better future, and equip them with the tools to get there. Specifically, participants will:

1. Eliminate the learned self-defeating beliefs, attitudes and behaviors such as anger, depression, anxiety and low self-esteem with awareness and compassion by addressing the deep psychological drivers of these behaviors
2. Discover and empower innate positive qualities
3. Know and embrace self-worth, respect, self-forgiveness and compassion
4. Activate vision and possibility beyond the limitations of socioeconomic and familial conditioning

Funding Sources

This year, Bright Futures in San Jose will host 18-24 participants from the programs in San Jose, Phoenix and New York by providing the training location and accommodations, transportation and funding for Course Leaders and Production Staff. Funding is being sought through individual fund-raising events, corporate community grants and personal donations. The youth and mentor-coaches will raise funds to travel from their cities. The Hoffman Institute will provide, through a grant from the Palmer Foundation, two experienced Hoffman Teachers, their transportation and the expense of shipping inventory and training materials.

Images of QLP in Phoenix 2013

The QLP Participants and Teachers



Here the participants prepare for a cathartic experience of releasing the non-productive messages of their dark side, and claiming their power.



A student and mentor share their “I am” statements. Authentic statements claiming the qualities they are prepared to experience more fully in their lives.



The Phoenix setting allowed the students some opportunity to experience a variety of wildlife. Many had never seen a horse in person, let alone, and miniature horse.



Here the students release and let go of their dark-side messages in a bonfire, which included song and celebration of their authentic spiritual qualities.

